NOVEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	1
goldfish ∎#+ cucumbers	pretzels + peppers	gogurt∎# apples	graham crackers+ oranges	bagels+, cream cheese∎#, carrots
pretzels+ peppers	goldfish ∎#+ cucumbers	graham crackers+ oranges	bagels+, cream cheese∎#, carrots	gogurt∎# apples
No School Parent/Teacher Conferences	belvita biscuits+ applesauce goldfish#+ peppers	goldfish #+ peppers pirate booty # oranges	ritz crackers+ cucumbers belvita biscuits+ applesauce	pirate booty # oranges triscuits+ apples
pirate booty cucumbers saltines+ cheese #, craisins	tortilla chips, salsa, carrots pirate booty cucumbers	saltines+ cheese #, craisins goldfish #+ apples	pretzel crisps+ oranges tortilla chips, salsa, apples	goldfish #+ apples pretzel crisps+ orangess
kix cereal raisins cheese its #+ oranges	cheese its #+ oranges wheat thins+ apples	wheat thins+ apples pretzels+ carrots	graham crackers+ applesauce kix cereal raisins	pretzels+ carrots graham crackers+ applesauce
ritz crackers+ oranges string cheese # apples	string cheese # apples ritz crackers+ oranges	27 No School Thanksgiving Break	28 No School Thanksgiving Break	29 No School Thanksgiving Break

Key to Common Allergens:

+ wheat or gluten ■ dairy # animal-derived ingredients *egg = sesame seed

Please note the snack listed at the top of each day is the All School Snack and the bottom snack is for the Explorers and Yellow 4K PM.